

ROOTED™

Building Adaptable Human Capability for a Rapidly Changing World



INTERACTIVE WORKSHOP



FLEXIBLE TIMING —
90 minutes to half-day

A practical framework for the human side of change.

ROOTED™ strengthens critical thinking, adaptability, grounded leadership, and responsible decision-making so people can move forward with clarity when tools, expectations, and circumstances keep changing.

WHY ROOTED™

Organizations often jump to a tool, tactic, or quick fix before they understand the real problem. ROOTED™ helps participants see clearly, challenge assumptions, regulate pressure, and choose the next responsible step.

THE SIX ROOTED™ DIMENSIONS



Rethink

Challenge assumptions. Think critically.



Open

Remain open to learning, feedback, and new perspectives.



Observe

Pay attention to yourself, others, and changing circumstances.



Tolerance for Uncertainty

Move forward even when every answer is not yet clear.



Emotional Regulation

Remain grounded and intentional under pressure.



Discovery

Remain curious and committed to lifelong growth.

PARTICIPANTS WILL

- Identify one high-priority challenge.
- Separate facts, assumptions, unknowns, and needed input.
- Map the current state, future state, and gap.
- Use a scientist mindset to ask better questions.
- Evaluate where AI or another tool adds responsible value.
- Leave with one concrete next step and clear ownership.

IDEAL FOR

- Business and nonprofit leaders
- Workforce and education teams
- Boards and leadership cohorts
- Organizations navigating AI and change
- Chambers and conferences

Bring ROOTED™ to your organization.

Workshops can be tailored to your audience, industry, and strategic challenge.

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